

KIDS SCHOOL MENU January 2019


Week Two January 7th

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Taco Macaroni, broccoli, Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: BBQ Chopped Chicken, Baked Beans, Macaroni & Cheese & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Fruit: Whole fruit</i> <i>Main: Deli Sandwich</i> <i>Chips</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Turkey Alfredo, peas Rolls</i> <i>Cheese/Dairy: 2% Milk)t</i> <i>Dessert: fresh fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Beef with gravy, mashed potato, green beans Chicken, & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh fruit</i>

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Saulsbury, Green Peas, Mashed Potato Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Baked Chicken, Green Beans, rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Fruit: Whole fruit</i> <i>Main: Burger w/cheese</i> <i>Chips</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Turkey Penne with Pasta Sauce, peas Rolls</i> <i>Cheese/Dairy: 2% Milk)t</i> <i>Dessert: fresh fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Lasagne, Mixed Veggie, & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh fruit</i>

Week four

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Beef Spaghetti with meat balls, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Salad: Mixed Fruit</i> <i>Main: chicken sandwich, chips, ketchup, mustard</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: sweedish Meatballs, Butter Pasta, vegetables, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Vegetarian Lasagna, green Beans, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fruit</i>

Week Five

Monday	Tuesday	Wednesday	Thursday	Friday 02/01/19
<i>Salad: Garden Salad with tomatoes and vinaigrette dressing</i> <i>Main: Cube Steaks with gravy, white rice, vegetables, Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Chicken fingers, with green beans, Roasted potato, Rolls</i> <i>Cheese/Dairy: 2% Milk)</i> <i>Dessert: fresh fruit</i>	<i>Salad: Mixed Fruit</i> <i>Main: Beef hot dogs, chips,</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookies</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Baked BBQ Chicken, mac & Cheese, Baked Beans & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Roasted Chicken, with peas and carrots, Rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>