



KIDS SCHOOL MENU December 2018

Last Week of November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Lasagna, broccoli, Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Baked Chicken, Green Peas, Yellow rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Fruit: Whole fruit</i> <i>Main: Deli Sandwich</i> <i>Chips</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Meatball Alfredo, peas Rolls</i> <i>Cheese/Dairy: 2% Milk)t</i> <i>Dessert: fresh fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Chopped BBQ Chicken, white rice, green beans & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh fruit</i>

December 2018

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Saulsbury, Green Peas, Mashed Potato Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Baked Chicken, Green Beans, rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Fruit: Whole fruit</i> <i>Main: Burger w/cheese</i> <i>Chips</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Turkey Alfredo, peas Rolls</i> <i>Cheese/Dairy: 2% Milk)t</i> <i>Dessert: fresh fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Chicken Wings, cream corn, rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh fruit</i>

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Roasted Chicken, with peas and carrots, Rice & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Spaghetti with meat balls, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fresh fruit</i>	<i>Salad: Mixed Fruit</i> <i>Main: chicken sandwich, chips, ketchup, mustard</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookie</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: swedish Meatballs, Butter Pasta, vegetables, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with Cucumber vinaigrette</i> <i>Main: Baked Chicken, Vegetables, rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: fruit</i>

Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Salad: Garden Salad with tomatoes and vinaigrette dressing</i> <i>Main: Cube Steaks with gravy, white rice, vegetables, Rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Chicken fingers, with green beans, Roasted potato, Rolls</i> <i>Cheese/Dairy: 2% Milk)</i> <i>Dessert: fresh fruit</i>	<i>Salad: Mixed Fruit</i> <i>Main: turkey hot dogs, chips,</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Cookies</i> <i>½ pan salad</i>	<i>Salad: Garden Salad with tomatoes low fat dressing</i> <i>Main: Baked BBQ Chicken, mac & Cheese, Baked Beans & rolls</i> <i>Cheese/Dairy: 2% Milk</i> <i>Dessert: Fresh Fruit</i>	Christmas Party Out for Christmas Break until January 2018